



EUROPEAN SYMPOSIUM

Understanding obesity for better prevention

*From Womb to World: Early-Life
Exposures and Lifelong Metabolic
Health*

DATE
Thursday,
29 October, 2026



TIME
9.00 – 13.00
CET



Open to researchers, clinicians
and related professionals

**FREE
UNTIL FULL
CAPACITY**

**HYBRID EVENT CELEBRATED
IN LILLE**



DETAILED PROGRAMME

From Womb to World

EARLY-LIFE EXPOSURES AND LIFELONG METABOLIC HEALTH

09:00-09:15	Welcome, introduction to eprObes and objectives of the Symposium. Sébastien Bouret
09:15-09:45	Keynote Lecture Alicia Mayeuf-Louchart. <i>'Brown adipose tissue: a key organ for lifelong metabolic health'.</i>
09:45-10:35	Session 1 - Preclinical perspectives: early-life exposures and mechanisms underlying obesity
09:45-10:05	Manuel Tena-Sempere. <i>'Early-onset obesity and puberty: Mechanistic cross-talk and pathophysiological implications'.</i>
10:05-10:25	Sébastien Bouret. <i>'Environmental factors influencing the perinatal programming of brain feeding circuits'.</i>
10:25-10:35	Moderated discussion and Q&A – Moderated by Anneline Pinson.
10:35-11:00	Coffee break



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11:00-11:50	Session 2 - Clinical perspectives: the early-life exposome and obesity risk
11:00-11:20	Julio Álvarez-Pitti - <i>'What do the new guidelines tell us about the prevention and treatment of obesity in pre-school children?'</i>
11:20-11:40	Claire Guivarch . <i>'The role of parental feeding practices in the development of eating behavior and BMI across childhood'</i>
11:40-11:50	Moderated discussion and Q&A – Moderated by Edyta Łuszczki.
11:50-12:40	Session 3 - From evidence to action: early-life interventions for obesity prevention
11:50-12:10	Katrin Giel . <i>'STARKIDS obesity prevention in youngsters: results, methodology and lessons learning'</i>
12:10-12:30	Konstantina Chachlaki . <i>'The role of early life nitric oxide exposure as a potential therapeutic action: presentation of the H2020 miniNO findings'</i>
12:30-12:40	Moderated discussion and Q&A – Moderated by Elena Jansen.
12:40-13:00	General discussion and closing remarks – Moderated by Sébastien Bouret and Manuel Tena-Sempere.



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PARTICIPATION

We warmly welcome researchers, clinicians and other professionals interested in joining the symposium.

Participation is **free of charge**. Please note that attendees joining in person are responsible for their own travel and accommodation expenses.

Join us in person or online!

The symposium will be held in a hybrid format.

Participation is subject to confirmation by the organisers.

MEETING VENUE

The meeting will take place at
Hilton Lille Hotel

Address: 335 Boulevard de
Leeds. 59777
Lille, France

WOULD YOU LIKE TO ATTEND ONLINE OR IN PERSON?

REGISTER NOW



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eprObes (Early Prevention of Obesity)

eprObes is a European research project focused on advancing knowledge and solutions for early obesity prevention and management. It integrates diverse disciplines to develop innovative strategies and improve public health outcomes.

Horizon Europe

The European Union's key funding program for research and innovation, running from 2021 to 2027 with a budget of €95.5 billion. It aims to tackle global challenges, drive economic growth, and foster technological and scientific excellence.

OBEClust

eprObes is part of a major pan-European initiative to tackle the rising obesity crisis across Europe, the EU-funded **OBEClust network**.

OBEClust is a European Cluster of projects dedicated to addressing obesity through interdisciplinary collaboration. It connects projects to enhance research impact and foster sustainable solutions to the obesity epidemic.

www.eprobes.eu

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